

# Lighthouse Health Plan Covered Services

This resource details all expanded benefits available to Lighthouse Health Plan Medicaid members.  
 For more information, please contact Lighthouse at 1-844-243-5176 or visit  
[www.lighthousehealthplan.com](http://www.lighthousehealthplan.com).

**Lighthouse Health Plan provides services in the following Regions: 1 & 2**

**MMA Expanded Benefits**

For more information on these benefits, contact Lighthouse Health Plan's Member Services  
 Department at  
 1-844-243-5176.

General Expanded Benefits			
Service	Description (including limits)	Prior Authorization Required	Phone Number / Web Site
Cellular Phone Service	Get a free cell phone from Safelink/tracfone. <ul style="list-style-type: none"> <li>• 350 minutes for talk</li> <li>• 3 GB of data and unlimited texting</li> <li>• Free calls to the plan</li> <li>• Optional health text messages</li> </ul>	No	Call SafeLink at 1-877-631-2550  <a href="http://www.safelink.com">www.safelink.com</a>
Circumcision	Circumcision for newborns up to 28 days old  One per lifetime	No	Call Lighthouse Member Services at 1-844-243-5176
CVS Discount Program	20% off approved products in select CVS stores	No	Call CVS at 1-800-746-7287  <a href="http://www.cvs.com/extracarehealth">www.cvs.com/extracarehealth</a>
Doula Services	One visit per month during pregnancy for qualifying members age 12-19	Yes	Call Lighthouse at 1-844-824-8846



General Expanded Benefits			
Service	Description (including limits)	Prior Authorization Required	Phone Number / Web Site
Home Delivered Meals	Up to ten (10) meals following and enrollee's discharge from a hospital or nursing facility. Benefit is limited to four hospital / nursing facility admissions per year.	Yes	Call Lighthouse at 1-844-824-8846
Meal Stipend (available for long distance medical appointment day-trips)	\$80 per day (up to \$1000 per year) for meal reimbursement for members traveling over 100 miles from home for an approved medical appointment.	Yes	Call One Call at 1-877-358-3529 <a href="http://www.onecallhealth.com">www.onecallhealth.com</a>
Over-the-Counter Benefit	\$25/month to spend on an approved list of products at <a href="http://cvs.com/otchs/lighthouse">cvs.com/otchs/lighthouse</a>	No	<a href="http://www.cvs.com/otchs/lighthouse">www.cvs.com/otchs/lighthouse</a>
Swimming Lessons	Up to \$100 reimbursement for swimming lessons for members age 0-18	No	Call Lighthouse Member Services at 1-844-243-5176

Adult Expanded Benefits			
Service	Description (including limits)	Prior Authorization Required	Phone Number / Web Site
Acupuncture	Up to 40 15-minute units per year for treatment of chronic pain	Yes	Call Lighthouse at 1-844-824-8846
Art Therapy	Up to 5 outpatient art therapy sessions per year provided by behavioral health clinician with art therapy certification	Yes	Call Access Behavioral Health at 1-800-342-3222



Adult Expanded Benefits			
Service	Description (including limits)	Prior Authorization Required	Phone Number / Web Site
Behavioral Health Assessment Services	Available subject to medical necessity requirements	Yes	Call Access Behavioral Health at 1-800-342-3222
Behavioral Health Screening Services	Available subject to medical necessity requirements	Yes	Call Access Behavioral Health at 1-800-342-3222
Behavioral Health Medical Services (med mgt &/or drug screening)	Available subject to medical necessity requirements	Yes	Call Access Behavioral Health at 1-800-342-3222
Chiropractic Services	4 established patient visits per year, in addition to the state benefit of 24	No	Call Lighthouse Member Services at 1-844-243-5176
Crisis Intervention Services	Unlimited	No	Call Access Behavioral Health at 1-800-342-3222
Equine Therapy	Up to 10 lessons per year for members with autism, cerebral palsy, or certain behavioral health conditions	Yes	Call Access Behavioral Health at 1-800-342-3222
Group Therapy (Behavioral Health)	39 additional group therapy visits per year	No	Call Access Behavioral Health at 1-800-342-3222
Hearing Services	<p>The following services are limited to 1 every 2 years: hearing aid assessment, fitting/checking, dispensing fee</p> <p>The following hearing aids are limited to 1 every 2 years: in ear binaural, behind ear binaural, behind ear cros, behind ear bicros</p> <p>Monaural in ear hearing aids are limited to 1 per year</p>	No	Call Lighthouse Member Services at 1-844-243-5176



Adult Expanded Benefits			
Service	Description (including limits)	Prior Authorization Required	Phone Number / Web Site
Home Care / Homemaker Services	Up to 4 HEPA A/C filters per year (\$50 / year maximum benefit)	No	Call Lighthouse Member Services at 1-844-243-5176
Home Health Nursing / Aide Services	Two home health visits post inpatient admission	Yes	Call Coastal Care at 1-855-481-0505
Home Visit by a Clinical Social Worker	Two visits per month for high-risk, first-time pregnancies	Yes	Call Coastal Care at 1-855-481-0505
Housing Assistance	\$500 lifetime maximum for qualifying members post-discharge	Yes	Call Lighthouse Member Services at 1-844-243-5176
Intensive Outpatient Treatment	Alcohol or drug treatment program, including assessment, counseling, crisis intervention & activity therapies / education	Yes	Call Access Behavioral Health at 1-800-342-3222
Massage Therapy	Up to 24 15-minute units per year for treatment of chronic pain	Yes	Call Lighthouse at 1-844-824-8846
Medication Assisted Treatment (MAT)	Unlimited	No	Call Access Behavioral Health at 1-800-342-3222
Nutritional Counseling	One nutritional counseling class per year	No	Call Lighthouse Member Services at 1-844-243-5176
Occupational Therapy	One evaluation and one re-evaluation per year, and up to 7 therapy treatment units per week	No	Call Lighthouse Member Services at 1-844-243-5176
Peer Support Services	Unlimited	No	Call Access Behavioral Health at 1-800-342-3222
Physical Therapy	One evaluation and one re-evaluation per year, and up to 7 therapy treatment units per week	No	Call Lighthouse Member Services at 1-844-243-5176



Adult Expanded Benefits			
Service	Description (including limits)	Prior Authorization Required	Phone Number / Web Site
Prenatal Services	<p>One breast pump rental per year with prior authorization</p> <p>14 prenatal visits for low-risk pregnancies; 18 prenatal visits for high-risk pregnancies</p> <p>3 postpartum visits within 90 days following delivery</p>	<p>Breast pump rental: Yes</p> <p>Prenatal &amp; postpartum visits: No</p>	<p>Breast pump: Call Coastal Care at 1-855-481-0505</p> <p>Prenatal &amp; postpartum visits: Call Lighthouse Member Services at 1-844-243-5176</p>
Primary Care Services	Unlimited outpatient visits	No	Call Lighthouse Member Services at 1-844-243-5176
Psychosocial Rehabilitation	Unlimited	No	Call Access Behavioral Health at 1-800-342-3222
Psychotherapy (individual / family)	Available subject to medical necessity requirements	Yes	Call Access Behavioral Health at 1-800-342-3222
Respiratory Therapy	One initial evaluation and one re-evaluation per year; one respiratory therapy visit per day	No	Call Lighthouse Member Services at 1-844-243-5176
Speech Therapy	<p>One initial evaluation / re-evaluation per year; one evaluation of oral and pharyngeal swallowing function per year; up to 7 therapy treatment units per week</p> <p>One AAC initial evaluation / re-evaluation per year; up to four 30-minute AAC fitting, adjustment, and training sessions per year</p>	No	Call Lighthouse Member Services at 1-844-243-5176
Targeted Case Management	Unlimited	No	Call Access Behavioral Health at 1-800-342-3222
Therapeutic Behavioral On-Site Services	Available subject to medical necessity requirements	Yes	Call Access Behavioral Health at 1-800-342-3222



Adult Expanded Benefits			
Service	Description (including limits)	Prior Authorization Required	Phone Number / Web Site
Vaccine – Hepatitis A	Maximum lifetime benefit of one series of 2 injections for qualifying members	Yes	Call Lighthouse at 1-844-824-8846
Vaccine – Influenza	One vaccination per enrollee age 21+ per year per CDC ACIP guidelines	No	Call Lighthouse Member Services at 1-844-243-5176
Vaccine – Pneumonia	As recommended by physician based on CDC ACIP guidelines for age 21+	No	Call Lighthouse Member Services at 1-844-243-5176
Vaccine – Shingles	Maximum lifetime benefit of one series of 2 injections for qualifying members	Yes	Call Lighthouse at 1-844-824-8846
Vision Services	Limited to one eye exam and one pair of frames per year  One six-month supply of contact lenses with prescription	No	Call iCare at 855-373-7627  <a href="http://www.myicarehealth.com">www.myicarehealth.com</a>
Waived Copayments	No copays for: <ul style="list-style-type: none"> <li>• Allergy Services</li> <li>• Behavioral Health Assessment Services</li> <li>• Cardiovascular Services</li> <li>• Chiropractic Services</li> <li>• Clinic Services</li> <li>• Evaluation and Management Services</li> <li>• Family Therapy Services</li> <li>• Gastrointestinal Services</li> <li>• Genitourinary Services</li> <li>• Group Therapy Services</li> <li>• Home Health Services</li> <li>• Hospice Services</li> <li>• Individual Therapy Services</li> <li>• Integumentary Services</li> <li>• Laboratory Services</li> </ul>	No	Call Lighthouse Member Services at 1-844-243-5176



	<ul style="list-style-type: none"> <li>• Medication Assisted Treatment Services</li> <li>• Medication Management Services</li> <li>• Neurology Services</li> <li>• Non-Emergency Transportation Services</li> <li>• Nursing Facility Services</li> <li>• Oral Surgery Services</li> <li>• Orthopedic Services</li> <li>• Outpatient Hospital Services</li> <li>• Pain Management Services</li> <li>• Podiatry Services</li> <li>• Psychological Testing Services</li> <li>• Radiology and Nuclear Medicine Services</li> <li>• Respiratory Services</li> <li>• Therapeutic Behavioral On-Site Services</li> <li>• Visual Care Services</li> </ul>		
--	---	--	--

### **Covered Health Management Programs**

Lighthouse Health Plan offers programs, including case management, to help members access care and learn how to manage health conditions. The following are health management programs available to members. For more information please contact Lighthouse Health Plan at 1-844-243-5176 or visit [www.lighthousehealthplan.com](http://www.lighthousehealthplan.com).

Program Name	Description	Contact Information
Complex Care Program	Pediatric and adult program focusing on advanced illness and/or multiple comorbid disease states	1-844-243-5176
Condition Care Health Education	Pediatric and adult program providing education on a specific disease state	1-844-243-5176
Diabetes Self-Management Education	Available to members with Type 1 diabetes	1-844-243-5176



Program Name	Description	Contact Information
Maternity Care	Education program for expectant mothers to promote prenatal health	1-844-243-5176
Smoking Cessation	Healthy Behavior medication & counseling program to help members quit smoking  (90 to 120-day program)	1-844-243-5176
Substance Use Recovery Program	Healthy Behavior program focused on addressing substance use issues  (90 to 120-day program)	1-844-243-5176
Transitional Care Program	Program focused on reducing avoidable readmissions for high-risk members	1-844-243-5176
Weight Management	A Health Educator-led Healthy Behavior program focusing on weight management, healthy diet, and exercise  (90 to 120-day program)	1-844-243-5176
Right Care Right Time	Education program focused on promoting appropriate levels of care, connecting members to primary care and preventing avoidable ER visits	1-844-243-5176
Special Health Care Needs (SHCN)	Care management program assisting members with special health care needs, including Early Intervention Services, Medical Foster Care, and other unique healthcare needs	1-844-243-5176
Catastrophic Care	Care coordination program assisting members with complex healthcare needs. The focus is on stabilizing members by coordinating care with primary care and specialists.	1-844-243-5176

