

# Adult Body Mass Index

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## Measure Description

Percentage of members 18-74 years of age who had an outpatient visit and whose body mass index (BMI) was documented during the current

## Documentation Requirements

Patients 20 years and older documentation must include the weight and BMI value, dated during the current or the prior year

Patients 18-19 years old, documentation must indicate the height, weight and BMI percentile, dated during the current or prior year. BMI percentile must include:

- BMI percentile documented as a value (e.g. 85<sup>th</sup> percentile) **OR**
- BMI percentile plotted on an age-growth chart

## Coding Requirements

### **BMI:**

**ICD10CM:** Z68.1, Z68.20 - Z68.39, Z68.41 - Z68.45

### **BMI Percentile:**

**ICD10CM:** Z85.51 - Z85.54

## Exclusions

Patients are excluded if they:

- Are in hospice at any time during the year
- Have a diagnosis of pregnancy during the current year or previous year