

Controlling High Blood Pressure

Measure Description

Percentage of patients 18-85 years of age who had a diagnosis of hypertension and whose BP was adequately controlled during the current year (BP < 140/90 mm Hg)

Documentation Requirements

The most recent BP level taken during the current year.

- Identify the lowest systolic and lowest diastolic BP reading from the most recent BP notation in the medical record. If multiple readings were recorded for a single date, use the lowest systolic and lowest diastolic BP on that date as the representative BP. The systolic and diastolic results do not need to be from the same reading.
- BP readings from remote monitoring devices that are digitally stored and transmitted to the provider may be included. There must be documentation in the medical record that clearly states the reading was taken by an electronic device, and results were digitally stored and transmitted to the provider, and interpreted by the provider.

Coding Requirements

CPT-CAT II (Code 1 ea. Systolic and Diastolic)

Systolic:

3077F – SBP \geq 140

3075F – SBP 130-139;

3074F – SBP < 130;

Diastolic:

3078F – DBP < 80

3079F – DBP 80-89;

3080F – DBP \geq 90

Exclusions

- Patients with evidence of ESRD or kidney transplant or dialysis any time during the patient's history.
- Diagnosis of pregnancy during the current year.

