

Weight Assessment and Counseling for Nutritional and Physical Activity for Children/Adolescents

Measure Description

Percentage of members 3-17 years of age who had an outpatient visit with a PCP or OB/GYN and who had evidence of the following during the current year:

- BMI percentile documentation
- Counseling for nutrition
- Counseling for physical activity

Documentation Requirements

BMI Percentile Documentation must indicate the height, weight and BMI percentile, dated during the current or prior year. BMI percentile must include:

- BMI percentile documented as a value (e.g. 85th percentile) **OR**
- BMI percentile plotted on an age-growth chart

Documentation for nutritional counseling must include a note indicating the date and at least one of the following:

- Discussion of current nutrition behaviors
- Checklist indicating nutrition was addressed
- Counseling or referral for nutrition education
- Member received educational materials on nutrition during a face-to-face visit
- Anticipatory guidance for nutrition
- Weight or obesity counseling

Documentation for physical activity counseling must include a note indicating the date and at least one of the following:

- Discussion of current physical activity behaviors
- Checklist indicating physical activity was addressed
- Counseling or referral for physical activity
- Member received educational materials on physical activity during a face-to-face visit
- Anticipatory guidance specific to the child's physical activity
- Weight or obesity counseling



Coding Requirements

BMI Percentile:

ICD10CM: Z68.51 - Z68.54

Counseling for Nutrition:

CPT: 97802-97804

HCPCS: G0270, G0271, S9449, S9452, S9470

ICD10CM: Z71.3

Counseling for physical activity:

HCPCS: S9451, G0447

ICD10CM: Z02.5

Exclusions

Female patients who have a diagnosis of pregnancy during the current year